

Shinnyo

2019 –2020

Chiryu Gakuin
Dharma
Programme

Shinnyo–en U.K.

(23.07.19 version)

PROGRAMME HANDBOOK

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Purpose of the Handbook

This handbook contains an overview of the Chiryu Gakuin Dharma Programme which has been available at Shinnyo-en temples around the world since 2015. This handbook aims to provide a general summary of the programme content and guidelines to help support learning and progress. If further clarification or explanation is necessary, please feel free to speak to one of the staff members at the temple office. We will endeavour to announce any content changes as necessary.

What is Chiryu Gakuin Dharma Programme?



Shinnyo-en's Chiryu Gakuin Dharma Programme (CGDP) is a comprehensive educational programme for everyone. The programme offers opportunities to develop an understanding of the basics of Buddhism and Shinnyo Buddhist practice.

“Chiryu Gakuin” means Wisdom Stream School in Japanese. It was established by the Founding Master of Shinnyo-en, Shinjo Ito, with a wish to nurture Dharma Teachers who are versatile and balanced in their understanding of society and the Shinnyo Teachings; based on their experiences, knowledge and the practices.

We hope the knowledge acquired through this programme can support and enhance one's spiritual practice.

It comprises of the following five courses.

Introductory Course

A brief introduction to Buddhism including Shinnyo Buddhism

Basic Course

Basic knowledge with a focus on practising Shinnyo Buddhism

Advanced Course I & II

Acquisition of knowledge & skills required to become Dharma Teachers

Dharma Teacher Course

Acquisition of knowledge & skills to become specialised Dharma Teachers

Specialised Dharma Teacher Course

More advanced training for continuous development of skills required as a specialised Dharma Teacher

Introductory Course

Who is it for?

Introductory Course is open to **anyone** who is interested in learning about Buddhist Teachings including the Shinnyo Path.

Course Contents

Classes consist of 10 lectures, 1 workshop and 1 explanatory lecture on the Shinnyo Founder's teaching.

These will be **held monthly on the 3rd weekend of each month** at Shinnyo-en UK. Lectures will be either live or delivered through pre-recorded media. All sessions will be followed by group discussion. Each session lasts approximately 1 hour.

No prior knowledge of Buddhism is required to attend the Introductory Course. You may start the course at any time of the year and there is no time frame in which you must complete the course, or any obligation to complete the course once you start.

In order to prepare handouts and any other necessary materials, we ask participants to book in advance at www.shinnyoenuk.org or call us on (020) 8398 2221.



2019-2020 Schedule

		Lecture Titles
2019	Sep	Lecture 1 "Shinnyo Buddhism in the Context of Buddhism"
	Oct	Lecture 2 "Introduction to the Chanting"
	Nov	Explanatory Lecture on a Teaching by Founding Master Shinjo Ito**
	Dec	Lecture 3 "The idea of No-self"
2020		Lecture 4
	Jan	"Building a Bright Future with Wisdom and Compassion" by Master Shinso (Head of Shinnyo-en)
	Feb	Lecture 5 "Life Stance"
	Mar	Lecture 6 "Master - Disciple Relationship"
	Apr	Lecture 7 "The Role of Services"
	May	Lecture 8 "Meditation"
	Jun	Workshop (Optional) "How to apply Buddhism in Daily Life"***
	Jul	Lecture 9 "What is Shinnyo-en's Relation to Buddhism?"
	Aug	Lecture 10 "A World of Friendship"

*** Attendance of the Explanatory lecture on a Teaching by Founding Master Shinjo is one of the requirements to proceed to the Basic Course. The lecture last approximately 1 hour.**

******Attendance of the workshop is **optional** but encouraged for you to benefit fully from the course. Duration of the workshop is approximately 90 minutes.

Tuition Fee

Introductory course is free of charge.

How to enrol

1. Please check our monthly schedule on the website (www.shinnyoenuk.org) for exact dates and times of lectures.

2. Book a space to attend lectures/workshop via the website (www.shinnyoenuk.org).
3. Come at least 20 mins before the start of the lecture on your first visit to be shown around and to fill in the registration form.
4. Attendance card will be issued for your own record.
5. Enjoy CGDP and stay for tea/coffee afterwards if you have time!

Online course

Lectures are available online for those with membership. (Please see page 9 for further details regarding membership.) This facility can be used to support those with busy lives as an option for home learning or perhaps to aid distance learning for people living far from our temple in Surbiton. You can also view online lectures to review your learning.

Attendance through online learning can be counted towards the completion of the course. **However, an explanatory lecture on a Teaching by Founding Master and Workshop are NOT available online and require attendance at Shinnyo-en UK.**

Online lectures are currently available in English, German, French, Italian, Thai, Portuguese, Chinese (Mandarin & Cantonese), Korean and Dutch.

Online course application forms can be obtained from the office.

Certificate

A certificate to show completion of the Introductory Course will be issued upon request for students who have attended all classes in the course. If a student intends to proceed to the Basic Course, this certificate will be required.

Basic Course

Who is it for?

The Basic Course is open to **members** who have completed the Introductory Course and paid the course tuition fee (see the details on page 8). Students are required to be **age 18 or above** to enrol at the Basic Course.

However, if you have completed all the regular lectures on the introductory course (online or through the attendance at the temple) but had difficulty in participating in the Explanatory Lecture on a Teaching by Founder Master Shinjo at the temple and wish to proceed to the Basic Course, please consult the temple office.



Course Contents

Classes consist of 14 lectures, 2 workshops and 2 explanatory lectures on Shinnyo Founders' teachings.

All 14 lectures are available to be viewed online. Anyone wish to view these lectures at the temple, we can offer the facility to do so on request.

The aim of the course is for students to acquire further knowledge and skills for practising the Shinnyo Path.

Lecture Titles

Lecture 1	Teachings by Master Shinso I "The Meaning of Shinnyo"
Lecture 2	"What is Shinnyo-en?"
Lecture 3	"Merit"
Lecture 4	"The Three Wheel Bodies"
Lecture 5	"The Three Practices in Shinnyo-en"
Lecture 6	"Signs of Reverence"
Lecture 7	"Shinnyo-en History 1: An introduction to Masters Shinjo and Tomoji"
Lecture 8	"Introduction to the Mahaparinirvana Sutra"

Lecture 9	“Sesshin Training: Structured and Unstructured”
Lecture 10	Teachings by Master Shinso II “Sincere offering by Chunda”
Lecture 11	Shinnyo-en History 2: “Kyodoin and Shindoin”
Lecture 12	“Homa & Merit Transfer”
Lecture 13	“Buddha, Dharma, and Sangha”
Lecture 14	“Oyasono, Our Sacred Site”

2019-2020 Schedule

October	<u>10:30</u> Explanatory Lecture on the Founder’s Teaching 1
December	<u>10:30</u> Explanatory Lecture on the Founder’s Teaching 2 <u>13:00</u> Workshop 1 (Optional) “Practising Buddhism in daily life 1”
July	<u>10:30</u> Workshop 2 (Optional) “Practising Buddhism in daily life 2” & Advanced Course Explanation Meeting
August	<u>10:30</u> Explanatory Lecture on the Founder’s Teaching 1 (Repeat) <u>11:45</u> Explanatory Lecture on the Founder’s Teaching 2 (Repeat)

Please note:

- ***Attendance of the two Explanatory lectures on Teachings by Founding Master Shinjo will not be available online and must be attended at the temple. The attendance of these lectures is one of the requirements to proceed to the Advance Course. Each lecture last approximately 1 hour.***

- ***Attendance of the workshops is optional but encouraged for you to benefit fully from the course. Duration of the workshop is approximately 90 minutes.***

Tuition Fee

Tuition Fee for the Basic Course is £70 for new students, £35 for concession as well as current Associate Dharma Teachers and Dharma Teachers.

Our concession rates aim to support those who are unemployed and receiving benefits, full time students, or people over 60 years of age.

However, if you find it difficult to pay the suggested rate, please do not hesitate to come and discuss with the temple staff.

Examination

In order to proceed to the Advanced Course all students are required to take and pass an examination to complete the Basic Course. This exam will cover all topics of Introductory and Basic Courses.

Certificate

Those who have attended all the lectures and workshops and passed the examination will receive a certificate to show that they have completed the Basic Course. This certificate is required to proceed to the Advanced Course.

Advanced Course I & II

These courses aim to support students to acquire deeper knowledge of the Shinnyo Path, practise further as a bodhisattva, and be prepared to convey to others the significance of Masters Shinjo, Tomoji, Kyodoin and Shindoin as spiritual masters.

These courses are for those who are determined to practice further on the Shinnyo Path with the goal of becoming a dharma teacher.

Dharma Teacher Course & Specialised Dharma Teacher Course

These are courses aimed at the Dharma Teachers to further learn specific skills and knowledge for different roles.

Dharma Teacher Course and Specialised Dharma Teacher Course are under development and will be announced as soon as they become available.

Membership

Membership is available to anyone. Annual membership fee is £7.20 (60p per month) and additional 60p is charged at the time of the registration as an administrative fee. Membership registration forms are available at the temple office.

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